

# JANUARY 2024



## KEY

**Walk, Talk & Food**  
Mon - 11am - 2pm

**Health & Well-being:**  
Tue - 4:30 - 6:30pm

**Creative Minds:**  
Group 1 (Wed): 10am - 12pm  
Group 2 (Sat): 4 - 6pm

**Multicultural Cooking:**  
Group 1 (Thu): 11am - 1pm  
Group 2 (Sat): 2 - 4pm

**Movie Mayhem**  
Tue - 12:30 - 4pm

**Social Skills:**  
Thu - 4:30 - 6:30pm

**Games & Drama:**  
Fri - 5 - 7:30pm

**Over 18's:**  
Fri - 6 - 9pm

**Boys & Girls Club:**  
Fri - 5 - 7:30pm

**Monthly Madness:**  
Sat - 11am - 1:30pm

**The Social Club:**  
Fri - 5:30 - 8:30pm

**Vacation Ventures:**  
Tue - 11am - 3pm  
(School Holidays)

**SURPRISE! One-off Event**  
Check out FTTF's Social Media Pages to find out what's happening each month.

| SUN | MON   | TUE   | WED   | THU | FRI   | SAT   |
|-----|---|---|---|-----|---|---|
|     | 1<br>PUBLIC HOLIDAY   | 2<br>we're OPEN   | 3   | 4   | 5   | 6   |
| 7   | 8   | 9   | 10  | 11  | 12  | 13<br>   |
| 14  | 15  | 16  | 17<br> | 18  | 19<br> | 20  |
| 21  | 22  | 23<br> | 24  | 25  | 26<br>PUBLIC HOLIDAY  | 27<br> |
| 28  | 29<br> | 30  | 31  |     |   |   |

# FEBRUARY 2024



## KEY

**Walk, Talk & Food**  
Mon - 11am - 2pm

**Health & Well-being:**  
Tue - 4:30 - 6:30pm

**Creative Minds:**  
Group 1 (Wed): 10am - 12pm  
Group 2 (Sat): 4 - 6pm

**Multicultural Cooking:**  
Group 1 (Thu): 11am - 1pm  
Group 2 (Sat): 2 - 4pm

**Movie Mayhem**  
Tue - 12:30 - 4pm

**Social Skills:**  
Thu - 4:30 - 6:30pm

**Games & Drama:**  
Fri - 5 - 7:30pm

**Over 18's:**  
Fri - 6 - 9pm

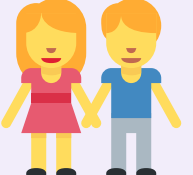

















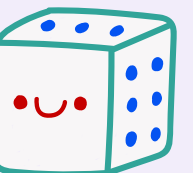















**Boys & Girls Club:**  
Fri - 5 - 7:30pm

**Monthly Madness:**  
Sat - 11am - 1:30pm

**The Social Club:**  
Fri - 5:30 - 8:30pm

**Vacation Ventures:**  
Tue - 11am - 3pm  
(School Holidays)

**SURPRISE! One-off Event**  
Check out FTTF's Social Media Pages to find out what's happening each month.

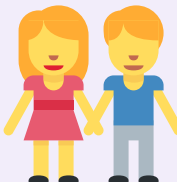



































| SUN | MON   | TUE   | WED   | THU  | FRI   | SAT  |
|-----|---|---|---|--|---|--|
|     |   |   |   | 1  | 2<br>    | 3<br>  <br>R1 - 1 R1 - 1        |
| 4   | 5<br><br>R1 - 1    | 6<br><br>R1 - 1  | 7<br><br>R1 - 1    | 8<br> <br>R1 - 1 R1 - 1      | 9<br>    | 10<br>  <br>R1 - 2 R1 - 2       |
| 11  | 12<br><br>R1 - 2 | 13<br><br>R1 - 2   | 14<br><br>R1 - 2 | 15<br> <br>R1 - 2 R1 - 2 | 16<br> | 17<br>  <br>R1 - 3 R1 - 3 |
| 18  | 19<br><br>R1 - 3 | 20<br><br>R1 - 3   | 21<br><br>R1 - 3 | 22<br> <br>R1 - 3 R1 - 3 | 23<br> | 24<br> <br>R1 - 4 R1 - 4   |
| 25  | 26<br><br>R1 - 4 | 27<br> <br>R1 - 4 | 28<br><br>R1 - 4 | 29<br> <br>R1 - 4 R1 - 4 |   |  |

# MARCH 2024



## KEY

|   |  |
|---|--|
|  <b>Walk, Talk &amp; Food</b><br>Mon - 11am - 2pm  |  <b>Health &amp; Well-being:</b><br>Tue - 4:30 - 6:30pm               |
|  <b>Creative Minds:</b><br>Group 1 (Wed): 10am - 12pm<br>Group 2 (Sat): 4 - 6pm                                  |  |
|  <b>Multicultural Cooking:</b><br>Group 1 (Thu): 11am - 1pm<br>Group 2 (Sat): 2 - 4pm                            |  |
|  <b>Movie Mayhem</b><br>Tue - 12:30 - 4pm  |  <b>Social Skills:</b><br>Thu - 4:30 - 6:30pm                       |
|  <b>Games &amp; Drama:</b><br>Fri - 5 - 7:30pm   |  <b>Over 18's:</b><br>Fri - 6 - 9pm                                 |
|  <b>Boys &amp; Girls Club:</b><br>Fri - 5 - 7:30pm   |  <b>Monthly Madness:</b><br>Sat - 11am - 1:30pm                     |
|  <b>The Social Club:</b><br>Fri - 5:30 - 8:30pm  |  <b>Vacation Ventures:</b><br>Tue - 11am - 3pm<br>(School Holidays) |
|  <b>SURPRISE! One-off Event</b><br>Check out FTF's Social Media Pages to find out what's happening each month. |  |

| SUN                         | MON   | TUE   | WED   | THU  | FRI   | SAT  |
|-----------------------------|---|---|---|--|---|--|
| 31<br><b>PUBLIC HOLIDAY</b> |   |   |   |  | 1<br>    | 2<br>  <br>R1 - 5 R1 - 5        |
| 3                           | 4<br><br>R1 - 5    | 5<br><br>R1 - 5  | 6<br><br>R1 - 5  | 7<br> <br>R1 - 5 R1 - 5      | 8<br>    | 9<br>  <br>R1 - 6 R1 - 6        |
| 10                          | 11<br><b>PUBLIC HOLIDAY</b>   | 12<br><br>R1 - 6   | 13<br><br>R1 - 6   | 14<br> <br>R1 - 6 R1 - 6 | 15<br> | 16<br>  <br>R2 - 1 R2 - 1 |
| 17                          | 18<br><br>R1 - 6 | 19<br><br>R2 - 1   | 20<br> <br>R2 - 1 | 21<br> <br>R2 - 1 R2 - 1 | 22<br> | 23<br> <br>R2 - 2 R2 - 2   |
| 24                          | 25<br><br>R2 - 1 | 26<br> <br>R2 - 2 | 27<br><br>R2 - 2   | 28<br> <br>R2 - 2 R2 - 2 | 29<br><b>PUBLIC HOLIDAY</b>   | 30<br><b>PUBLIC HOLIDAY</b>  |

# APRIL 2024



## KEY



**Walk, Talk & Food**  
Mon - 11am - 2pm



**Health & Well-being:**  
Tue - 4:30 - 6:30pm



**Creative Minds:**

Group 1 (Wed): 10am - 12pm  
Group 2 (Sat): 4 - 6pm



**Multicultural Cooking:**

Group 1 (Thu): 11am - 1pm  
Group 2 (Sat): 2 - 4pm



**Movie Mayhem**

Tue - 12:30 - 4pm



**Social Skills:**

Thu - 4:30 - 6:30pm



**Games & Drama:**

Fri - 5 - 7:30pm



**Over 18's:**

Fri - 6 - 9pm



**Boys & Girls Club:**

Fri - 5 - 7:30pm



**Monthly Madness:**

Sat - 11am - 1:30pm



**The Social Club:**

Fri - 5:30 - 8:30pm



**Vacation Ventures:**

Tue - 11am - 3pm  
(School Holidays)



**SURPRISE! One-off Event**












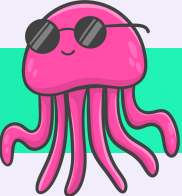
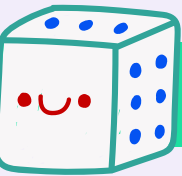

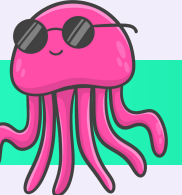





Check out FTF's Social Media Pages to  
find out what's happening each month.



@FTFAUS



@forwardto\_thefuture

| SUN   | MON   | TUE  | WED   | THU  | FRI   | SAT   |
|---|---|--|---|--|---|---|
|   | 1<br><b>PUBLIC HOLIDAY</b>  | 2<br><br>R2 - 3   | 3<br><br>R2 - 3  | 4<br><br>R2 - 3<br><br>R2 - 3  | 5<br>    | 6<br><br>R2 - 3<br><br>R2 - 3 |
| 7   | 8<br><br>R2 - 2    | 9<br><br>R2 - 4   | 10<br><br>R2 - 4 | 11<br><br>R2 - 4<br><br>R2 - 4 | 12<br>   | 13<br>   |
| 14  | 15<br>           | 16<br>  | 17  | 18   | 19<br> | 20<br>   |
| <b>HOLIDAYS</b>   |   | <b>SCHOOL HOLIDAYS</b>   |   |  |   |   |
|   |   |  |   |  |   |   |
| 21  | 22  | 23<br>  | 24  | 25   | 26<br> | 27<br>   |
| <b>SCHOOL HOLIDAYS</b>  |   | <b>HOLIDAYS</b>  |   | <b>PUBLIC HOLIDAY</b>  |   |   |
|   |   |  |   |  |   |   |
| 28<br> | 29<br><br>R2 - 3 | 30<br><br>R2 - 5<br> |   |  |   |   |

# MAY 2024



## KEY



**Walk, Talk & Food**  
Mon - 11am - 2pm



**Health & Well-being:**  
Tue - 4:30 - 6:30pm



**Creative Minds:**

Group 1 (Wed): 10am - 12pm  
Group 2 (Sat): 4 - 6pm



**Multicultural Cooking:**

Group 1 (Thu): 11am - 1pm  
Group 2 (Sat): 2 - 4pm



**Movie Mayhem**  
Tue - 12:30 - 4pm



**Social Skills:**  
Thu - 4:30 - 6:30pm



**Games & Drama:**  
Fri - 5 - 7:30pm



**Over 18's:**  
Fri - 6 - 9pm



**Boys & Girls Club:**  
Fri - 5 - 7:30pm



**Monthly Madness:**  
Sat - 11am - 1:30pm



**The Social Club:**  
Fri - 5:30 - 8:30pm



**Vacation Ventures:**  
Tue - 11am - 3pm  
(School Holidays)



**SURPRISE! One-off Event**



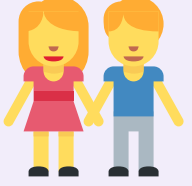











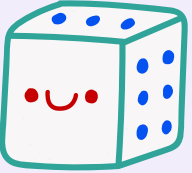











Check out FTF's Social Media Pages to  
find out what's happening each month.



@FTFAUS



@forwardto\_thefuture

| SUN | MON  | TUE  | WED  | THU  | FRI  | SAT  |
|-----|--|--|--|--|--|--|
|     |  |  |  1<br>R2 - 5    |  2<br>R2 - 5    |  3    |  4<br>R2 - 4    |
| 5   |  6<br>R2 - 4    |  7<br>R2 - 6    |  8<br>R2 - 6    |  9<br>R2 - 6    |  10   |  11<br>R2 - 5   |
| 12  |  13<br>R2 - 5 |  14<br>R3 - 1 |  15<br>R3 - 1 |  16<br>R3 - 1 |  17 |  18<br>R2 - 6 |
| 19  |  20<br>R2 - 6 |  21<br>R3 - 2 |  22<br>R3 - 2 |  23<br>R3 - 2 |  24 |  25<br>R3 - 1 |
| 26  | <b>PUBLIC HOLIDAY</b> 27   |  28<br>R3 - 3 |  29<br>R3 - 3 |  30<br>R3 - 3 |  31 |  |

# JUNE 2024



## KEY

**Walk, Talk & Food**  
Mon - 11am - 2pm

**Health & Well-being:**  
Tue - 4:30 - 6:30pm

**Creative Minds:**  
Group 1 (Wed): 10am - 12pm  
Group 2 (Sat): 4 - 6pm

**Multicultural Cooking:**  
Group 1 (Thu): 11am - 1pm  
Group 2 (Sat): 2 - 4pm

**Movie Mayhem**  
Tue - 12:30 - 4pm

**Social Skills:**  
Thu - 4:30 - 6:30pm

**Games & Drama:**  
Fri - 5 - 7:30pm

**Over 18's:**  
Fri - 6 - 9pm






































**Boys & Girls Club:**  
Fri - 5 - 7:30pm

**Monthly Madness:**  
Sat - 11am - 1:30pm

**The Social Club:**  
Fri - 5:30 - 8:30pm

**Vacation Ventures:**  
Tue - 11am - 3pm  
(School Holidays)

**SURPRISE! One-off Event**  
Check out FTTF's Social Media Pages to find out what's happening each month.





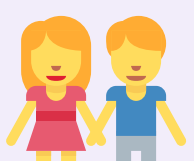


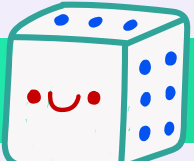









| SUN | MON   | TUE   | WED   | THU  | FRI   | SAT  |
|-----|---|---|---|--|---|--|
| 30  |   |   |   |  |   |  <br>R3 - 2 R3 - 2   |
| 2   | <br>R3 - 1         | <br>R3 - 4   | <br>R3 - 4   |  <br>R3 - 4 R3 - 4           | <br>7    |  <br>R3 - 3 R3 - 3   |
| 9   | 10<br><b>PUBLIC HOLIDAY</b>   | 11<br><br>R3 - 5   | 12<br> <br>R3 - 5 | 13<br> <br>R3 - 5 R3 - 5 | 14<br> | 15<br>  <br>R3 - 4 R3 - 4 |
| 16  | 17<br><br>R3 - 2 | 18<br><br>R3 - 6   | 19<br> <br>R3 - 6 | 20<br> <br>R3 - 6 R3 - 6 | 21<br> | 22<br> <br>R3 - 5 R3 - 5   |
| 23  | 24<br><br>R3 - 3 | 25<br> <br>R4 - 1 | 26<br><br>R4 - 1   | 27<br> <br>R4 - 1 R4 - 1 | 28<br> | 29<br> <br>R3 - 6 R3 - 6   |

# JULY 2024



## KEY

|  |  |
|--|--|
|  <b>Walk, Talk &amp; Food</b><br>Mon - 11am - 2pm   |  <b>Health &amp; Well-being:</b><br>Tue - 4:30 - 6:30pm               |
|  <b>Creative Minds:</b><br>Group 1 (Wed): 10am - 12pm<br>Group 2 (Sat): 4 - 6pm                                   |  |
|  <b>Multicultural Cooking:</b><br>Group 1 (Thu): 11am - 1pm<br>Group 2 (Sat): 2 - 4pm                             |  |
|  <b>Movie Mayhem</b><br>Tue - 12:30 - 4pm   |  <b>Social Skills:</b><br>Thu - 4:30 - 6:30pm                       |
|  <b>Games &amp; Drama:</b><br>Fri - 5 - 7:30pm  |  <b>Over 18's:</b><br>Fri - 6 - 9pm                                 |
|  <b>Boys &amp; Girls Club:</b><br>Fri - 5 - 7:30pm  |  <b>Monthly Madness:</b><br>Sat - 11am - 1:30pm                     |
|  <b>The Social Club:</b><br>Fri - 5:30 - 8:30pm   |  <b>Vacation Ventures:</b><br>Tue - 11am - 3pm<br>(School Holidays) |
|  <b>SURPRISE! One-off Event</b><br>Check out FTTF's Social Media Pages to find out what's happening each month. |  |

| SUN             | MON   | TUE   | WED   | THU   | FRI   | SAT   |
|-----------------|---|---|---|---|---|---|
|                 | <br>R3 - 4   | <br>R4 - 2   | <br>R4 - 2   | <br>R4 - 2   |              |              |
| 7               | 8   | 9   | 10  | 11  | 12  | 13  |
| SCHOOL HOLIDAYS |   |              |              | HOLIDAYS  |   |              |
| 14              | 15  | 16  | 17  | 18  | 19  | 20  |
| HOLIDAYS        |   |            | SCHOOL HOLIDAYS   |   |            |            |
| 21              | 22  | 23  | 24  | 25  | 26  | 27  |
| HOLIDAYS        |   | <br>R3 - 5 | <br>R4 - 3 | <br>R4 - 3 | <br>R4 - 3 | <br>R4 - 1 |
| 28              | 29  | 30  | 31  |   |   |   |
|                 | <br>R3 - 6 | <br>R4 - 4 | <br>R4 - 4 |   |   |   |

# AUGUST 2024



## KEY



**Walk, Talk & Food**  
Mon - 11am - 2pm



**Health & Well-being:**  
Tue - 4:30 - 6:30pm



**Creative Minds:**

Group 1 (Wed): 10am - 12pm  
Group 2 (Sat): 4 - 6pm



**Multicultural Cooking:**

Group 1 (Thu): 11am - 1pm  
Group 2 (Sat): 2 - 4pm



**Movie Mayhem**

Tue - 12:30 - 4pm



**Social Skills:**

Thu - 4:30 - 6:30pm



**Games & Drama:**

Fri - 5 - 7:30pm



**Over 18's:**

Fri - 6 - 9pm



**Boys & Girls Club:**

Fri - 5 - 7:30pm



**Monthly Madness:**

Sat - 11am - 1:30pm



**The Social Club:**

Fri - 5:30 - 8:30pm



**Vacation Ventures:**

Tue - 11am - 3pm  
(School Holidays)



**SURPRISE! One-off Event**


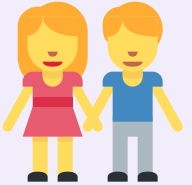
















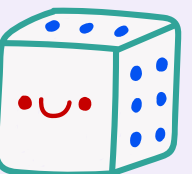







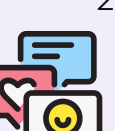












Check out FTTF's Social Media Pages to  
find out what's happening each month.



@FTTFAUS



@forwardto\_thefuture

| SUN | MON  | TUE  | WED  | THU   | FRI  | SAT   |
|-----|--|--|--|---|--|---|
|     |  |  |  |  1<br>R4 - 4   |  2    |   3<br>R4 - 2 R4 - 2  |
| 4   |  5<br>R4 - 1    |  6<br>R4 - 5  |  7<br>R4 - 5  |   8<br>R4 - 5 R4 - 5      |  9   |   10<br>R4 - 3 R4 - 3   |
| 11  |  12<br>R4 - 2 |  13<br>R4 - 6   |   14<br>R4 - 6 |   15<br>R4 - 6 R4 - 6 |  16 |    17<br>R4 - 4 R4 - 4 |
| 18  |  19<br>R4 - 3 |  20<br>R5 - 1   |  21<br>R5 - 1   |   22<br>R5 - 1 R5 - 1 |  23 |   24<br>R4 - 5 R4 - 5   |
| 25  |  26<br>R4 - 4 |   27<br>R5 - 2 |  28<br>R5 - 2   |   29<br>R5 - 2 R5 - 2 |  30 |   31<br>R4 - 6 R4 - 6   |

# SEPTEMBER 2024



## KEY

|  |  |
|--|--|
|  <b>Walk, Talk &amp; Food</b><br>Mon - 11am - 2pm   |  <b>Health &amp; Well-being:</b><br>Tue - 4:30 - 6:30pm               |
|  <b>Creative Minds:</b><br>Group 1 (Wed): 10am - 12pm<br>Group 2 (Sat): 4 - 6pm                                   |  |
|  <b>Multicultural Cooking:</b><br>Group 1 (Thu): 11am - 1pm<br>Group 2 (Sat): 2 - 4pm                             |  |
|  <b>Movie Mayhem</b><br>Tue - 12:30 - 4pm   |  <b>Social Skills:</b><br>Thu - 4:30 - 6:30pm                       |
|  <b>Games &amp; Drama:</b><br>Fri - 5 - 7:30pm  |  <b>Over 18's:</b><br>Fri - 6 - 9pm                                 |
|  <b>Boys &amp; Girls Club:</b><br>Fri - 5 - 7:30pm  |  <b>Monthly Madness:</b><br>Sat - 11am - 1:30pm                     |
|  <b>The Social Club:</b><br>Fri - 5:30 - 8:30pm   |  <b>Vacation Ventures:</b><br>Tue - 11am - 3pm<br>(School Holidays) |
|  <b>SURPRISE! One-off Event</b><br>Check out FTTF's Social Media Pages to find out what's happening each month. |  |

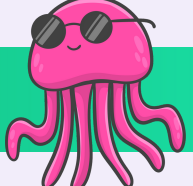

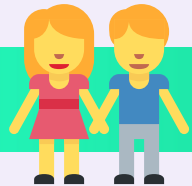

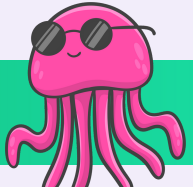

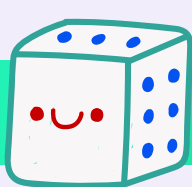










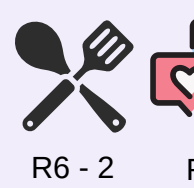




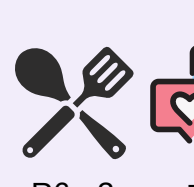
| SUN             | MON   | TUE  | WED   | THU   | FRI   | SAT   |
|-----------------|---|--|---|---|---|---|
| 1               | 2<br><br>R4 - 5    | 3<br><br>R5 - 3   | 4<br><br>R5 - 3    | 5<br><br>R5 - 3<br><br>R5 - 3   | 6<br>    | 7<br><br>R5 - 1<br><br>R5 - 1   |
| 8               | 9<br><br>R4 - 6    | 10<br><br>R5 - 4  | 11<br><br>R5 - 4   | 12<br><br>R5 - 4<br><br>R5 - 4  | 13<br>   | 14<br><br>R5 - 2<br><br>R5 - 2  |
| 15              | 16<br><br>R5 - 1 | 17<br><br>R5 - 5  | 18<br><br>R5 - 5 | 19<br><br>R5 - 5<br><br>R5 - 5<br><br>R5 - 5 | 20<br> | 21<br><br>R5 - 3<br><br>R5 - 3<br><br>R5 - 3 |
| 22              | 23<br><br>R5 - 2 | 24<br><br>R5 - 6<br> | 25<br><br>R5 - 6 | 26<br><br>R5 - 6<br><br>R5 - 6  | 27<br> | 28<br>   |
| 29              | 30  |  |   |   |   |   |
| SCHOOL HOLIDAYS |   |  |   |   |   |   |
|                 |   |  |   |   |   |   |

# OCTOBER 2024



## KEY

|  |  |
|--|--|
|  <b>Walk, Talk &amp; Food</b><br>Mon - 11am - 2pm   |  <b>Health &amp; Well-being:</b><br>Tue - 4:30 - 6:30pm               |
|  <b>Creative Minds:</b><br>Group 1 (Wed): 10am - 12pm<br>Group 2 (Sat): 4 - 6pm                                   |  |
|  <b>Multicultural Cooking:</b><br>Group 1 (Thu): 11am - 1pm<br>Group 2 (Sat): 2 - 4pm                             |  |
|  <b>Movie Mayhem</b><br>Tue - 12:30 - 4pm   |  <b>Social Skills:</b><br>Thu - 4:30 - 6:30pm                       |
|  <b>Games &amp; Drama:</b><br>Fri - 5 - 7:30pm  |  <b>Over 18's:</b><br>Fri - 6 - 9pm                                 |
|  <b>Boys &amp; Girls Club:</b><br>Fri - 5 - 7:30pm  |  <b>Monthly Madness:</b><br>Sat - 11am - 1:30pm                     |
|  <b>The Social Club:</b><br>Sat - 5:30 - 8:30pm   |  <b>Vacation Ventures:</b><br>Tue - 11am - 3pm<br>(School Holidays) |
|  <b>SURPRISE! One-off Event</b><br>Check out FTTF's Social Media Pages to find out what's happening each month. |  |

| SUN                   | MON   | TUE   | WED   | THU   | FRI   | SAT   |
|-----------------------|---|---|---|---|---|---|
|                       |   | 1<br>              | 2<br>              | 3<br><b>HOLIDAYS</b>  | 4<br>              | 5<br>              |
| 6                     | 7<br><b>PUBLIC HOLIDAY</b>  | 8<br>              | 9<br>              | 10<br><b>HOLIDAYS</b>   | 11<br>             | 12<br>             |
| 13<br><b>HOLIDAYS</b> | 14<br><br>R5 - 3 | 15<br><br>R6 - 1 | 16<br><br>R6 - 1 | 17<br><br>R6 - 1 | 18<br><br>R6 - 1 | 19<br><br>R5 - 4 |
| 20                    | 21<br><br>R5 - 4 | 22<br><br>R6 - 2 | 23<br><br>R6 - 2 | 24<br><br>R6 - 2 | 25  | 26<br>           |
| 27                    | 28<br><br>R5 - 5 | 29<br><br>R6 - 3 | 30<br><br>R6 - 3 | 31<br><br>R6 - 3 |   |   |

# NOVEMBER 2024



## KEY



**Walk, Talk & Food**  
Mon - 11am - 2pm



**Health & Well-being:**  
Tue - 4:30 - 6:30pm



**Creative Minds:**

Group 1 (Wed): 10am - 12pm  
Group 2 (Sat): 4 - 6pm



**Multicultural Cooking:**

Group 1 (Thu): 11am - 1pm  
Group 2 (Sat): 2 - 4pm



**Movie Mayhem**

Tue - 12:30 - 4pm



**Social Skills:**

Thu - 4:30 - 6:30pm



**Games & Drama:**

Fri - 5 - 7:30pm



**Over 18's:**

Fri - 6 - 9pm



**Boys & Girls Club:**

Fri - 5 - 7:30pm



**Monthly Madness:**

Sat - 11am - 1:30pm



**The Social Club:**

Fri - 5:30 - 8:30pm



**Christmas Groups**

Mon, Tue & Wed  
4:30 - 6:30pm



**SURPRISE! One-off Event**








Check out FTTF's Social Media Pages to  
find out what's happening each month.



@FTTFAUS



@forwardto\_thefuture

| SUN | MON   | TUE  | WED  | THU   | FRI  | SAT  |
|-----|---|--|--|---|--|--|
|     |   |  |  |   |  1    |   2<br>R5 - 5 R5 - 5 |
| 3   |  4<br>R5 - 6 |  5<br>R6 - 4    |  6<br>R6 - 4    |   7<br>R6 - 4 R6 - 4      |  8    |   9<br>R5 - 6 R5 - 6 |
| 10  |  11        |  12<br>R6 - 5 |  13<br>R6 - 5 |   14<br>R6 - 5 R6 - 5 |  15 | 16   |
| 17  | 18  |  19<br>R6 - 6 |  20<br>R6 - 6 |   21<br>R6 - 6 R6 - 6 |  22 |  23   |
| 24  |  25        |  26           |  27           | 28  |  29 | 30   |

# DECEMBER 2024



## KEY



**Walk, Talk & Food**  
Mon - 11am - 2pm



**Health & Well-being:**  
Tue - 4:30 - 6:30pm



**Creative Minds:**  
Group 1 (Wed): 10am - 12pm  
Group 2 (Sat): 4 - 6pm



**Multicultural Cooking:**  
Group 1 (Thu): 11am - 1pm  
Group 2 (Sat): 2 - 4pm



**Movie Mayhem**  
Tue - 12:30 - 4pm



**Social Skills:**  
Thu - 4:30 - 6:30pm



**Games & Drama:**  
Fri - 5 - 7:30pm



**Over 18's:**  
Fri - 6 - 9pm



**Boys & Girls Club:**  
Fri - 5 - 7:30pm



**Monthly Madness:**  
Sat - 11am - 1:30pm



**The Social Club:**  
Sat - 5:30 - 8:30pm



**Christmas Groups**  
Mon, Tue & Wed  
4:30 - 6:30pm



**SURPRISE! One-off Event**  
Check out FTTF's Social Media Pages to  
find out what's happening each month.



@FTTFAUS



@forwardto\_thefuture

| SUN                 | MON   | TUE  | WED  | THU   | FRI  | SAT  |
|---------------------|---|--|--|---|--|--|
| 1                   |  2 | 3  |  4    |  5 | 6  |  7  |
| 8                   |  9 |  10 |  11   | 12  |  13 |  14 |
| 15                  | 16  | 17   | 18   | 19  | 20   | 21   |
| FEEDBACK & PLANNING |   |  |  |   |  |  |
| 22                  | 23  | 24   |  25 | 26  | 27   | 28   |
| 29                  | 30  | 31   |  | <b>PUBLIC HOLIDAY</b>   |  |  |